COSMIC SCIENCE

LUNAR ACTIVATION

MOON WATER.

A QUICK GUIDE ON HOW TO BOTTLE YOUR FAVORITE ENERGY.



OK, BUT WHAT EVEN IS MOON WATER?

MOON WATER IS A NEW ERA RITUAL INTENDED TO AID IN WHOLESOME PRACTICES LIKE ENERGETIC CLEANSES, RITUALS AND EVEN HEALING BATHS.

FOR CENTURIES THE SUN AND THE MOON HAVE BEEN CONSIDERED WORTH APPRECIATING DUE TO THEIR MASSIVE ENERGETIC CHARGES AND THEIR IMPACT IN HUMAN BEHAVIOR AND ACTIONS.
IN A SYMBOLIC SENSE THE MOON AND THE WATER ARE CONSIDERED GREAT ENERGY HEALERS.



MOON WATER.

STEP 1

FIND A CONTAINER YOU CAN EXCLUSIVELY USE FOR THIS RITUAL. FOR BETTER RESULTS USE A CRYSTAL CLEAR CONTAINER.

WHY IT WORKS.

THE RITUAL ITSLEF IS A PRESENCE PRACTICE, CONNECTING WITH THE WATER ELEMENT AND CHARGING IT WITH THE MOON’S ENERGY WILL HELP YOU STAY TUNNED WITH YOUR UNTUITION.



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STEP 2

LIGHT ON A PALO SANTO AND USE ITS SMOKE TO CLEANSE THE CONTAINER OF ANY TRAPPED ENERGIES.

TIP.

IF THIS IS THE FIRST TIME YOU ARE TRYING THIS EXERCISE, JUST CLOSE YOUR EYES, TAKE A FEW DEEP BREATHS AND TRY TO RELEASE ALL STRESS. - AS YOU DO IMAGINE A WHITE BIM OF LIGHT SURROUNDING THE GLASS EVERY TIME YOU PASS THE SMOKE. REPEAT AS MUCH AS NEEDED UNTIL YOU ACHIEVE THE VISION.



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STEP 3

START FILLING THE CONTAINER WITH WATER AND AS YOU SEE THE WATER BUBBLING UP INVITE THE ENERGY OF THE FULL MOON’S ZODIAC SIGN INTO YOUR LIFE.

EXAMPLE:
ARIES - CONFIDENCE
PISCES - COMPASSION

TIP.

CLOSE YOUR EYES ONCE ITS FILLED ENOUGH, APPROACH THE CONTAINER TO YOUR HEART CHAKRA AND STATE HOW YOU WOULD LIKE TO USE THIS ENERGY.
EXAMPLE: “WITH THIS WATER I INVITE YOU <<LEO>> INTO MY LIFE. PLEASE HELP ME SEE AND EMBODY MY LIGHT WITHOUT THE NEED TO DIM OTHERS”.



MOON WATER.

STEP 4.

PUT A LID ON YOUR CONTAINER AND LET IT REST UNDER THE FULL MOON’S LIGHT FOR AT LEAST 5 HOURS DURING THE NIGHT.
MAKE SURE TO REMOVE IT FROM OUTSIDE BEFORE ANY RAY OF SUN CAN TOUCH IT.

TIP.

YOU CAN ADD YOUR CLEAN CRYSTALS AROUND IT AND SOME SEA SALT TO MAXIMIZE THE CLEANSING EFFECTS.

